



# Ms. DiMarcello

Health and Wellness

Physical Education

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*“Be led by the dreams in your heart.”*

## About Me

I am a passionate individual who enjoys reading and writing, with two published books, I continue to spark the love of reading in students. Health and fitness fuel my spirit and drive for personal growth. I enjoy cooking, while the outdoors and traveling are my favorite escapes. Above all, my family remains my constant anchor and source of love.

## Education and Certifications

St. John's University B.S. English Minor: Education

St. John's University M.S. Secondary Education Certification 7-12 English

Certified Health Coach

## Top 3 goals for the Year

Spiritual : Focus and discover your relationship with God

Learning: Accept challenges and see the good in everything.

Academic: Build strong habits to stay focused and strive for excellence.

*“Be curious, use your mind, ride the adventures, the world is a book for you to explore.”*