

April 29, 2022

Dear 3K Families,

Next week we will be focusing on Caring for Self. You can support this by reviewing with your child about what the word care means and modeling how to care for yourself. You can self talk when you do something, like washing your hands, to bring attention to it (I am washing my hands so I can get rid of germs that make me sick). You can also bring attention to how your child shows caring for themselves by praising the actions that they do when doing self care. Your child can make a link chain of their self care experiences by drawing what they did, creating the link chain, and you can write down your child's dictations on how they cared for themselves to share with the class. Have fun!



We can't wait to see and hear what the children have to share!

Ms. De Nardo and Mrs. Cannella